

**WINTER
PERMISSION SLIP/INTERVAL HEALTH HISTORY FORM**

Prior to the start of practice of each sports season, each participant must have had an updated sport's physical and filed this form with the school health office.

Student: _____ Age: _____ Grade: _____

Date of Birth: ____ / ____ / ____

Sport/Level (check): Basketball _____ Varsity _____ JV _____ Modified _____
Cheerleading _____ Varsity _____
Volleyball _____ Varsity _____

TO BE COMPLETED BY THE PARENT OR GUARDIAN:

IN THE PAST 30 DAYS:

- 1. Any injuries requiring medical attention? Yes _____ No _____
- 2. Any illness lasting more than 5 days? Yes _____ No _____
- 3. Taking medication at present time? Yes _____ No _____
- 4. Under a physician's care at the present time? Yes _____ No _____
- 5. Any feeling of faintness/fatigue after exercising? Yes _____ No _____
- 6. Change in wearing glasses or contact lenses? Yes _____ No _____
- 7. Any treatment in a hospital or E.R.? Yes _____ No _____
- 8. Any new allergies or chronic disease? Yes _____ No _____

Describe the condition or situation that caused any question above to be answered "YES".

SEE BACK

PARENTAL PERMISSION:

I, the undersigned, clearly understand that these questions are asked in order to decide if my child can safely participate on the athletic team mentioned above. The answers are correct as of this date and he/she has my permission to participate.

SIGNED: _____ DATE: _____

TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE:

Sports Participation (check):

_____ Approved _____ Referred to School Physician

Signed: _____ Date: _____

If referred to school physician (check):

_____ Requalified _____ Disqualified

Signed: _____ Date: _____

*** RETURN THIS FORM TO THE ATHLETIC OFFICE ***

For JV and Varsity sports, this form must be submitted to the Athletic Office by November 5, 2018, the starting date for JV and Varsity sports. Forms submitted after the 5th will result in delayed eligibility.

For participation in Modified sports, this form must be submitted by November 12, 2018, the starting date for modified sports. Forms submitted after the 12th will result in delayed eligibility.