

SPRING PERMISSION SLIP/INTERVAL HEALTH HISTORY FORM

Prior to the start of practice of each sports season, each participant must have had an updated sport's physical and filed this form with the school health office.

Student: _____ Age: _____ Grade: _____

Date of Birth: ____ / ____ / ____

Sport/Level (check):	Baseball _____	Varsity _____	Modified _____
	Softball _____	Varsity _____	Modified _____
	Track & Field _____	Varsity _____	Modified _____

TO BE COMPLETED BY THE PARENT OR GUARDIAN:

IN THE PAST 30 DAYS:

- | | | |
|---|-----------|----------|
| 1. Any injuries requiring medical attention? | Yes _____ | No _____ |
| 2. Any illness lasting more than 5 days? | Yes _____ | No _____ |
| 3. Taking medication at present time? | Yes _____ | No _____ |
| 4. Under a physician's care at the present time? | Yes _____ | No _____ |
| 5. Any feeling of faintness/fatigue after exercising? | Yes _____ | No _____ |
| 6. Change in wearing glasses or contact lenses? | Yes _____ | No _____ |
| 7. Any treatment in a hospital or E.R.? | Yes _____ | No _____ |
| 8. Any new allergies or chronic disease? | Yes _____ | No _____ |

Describe the condition or situation that caused any question above to be answered "YES".

SEE BACK

PARENTAL PERMISSION:

I, the undersigned, clearly understand that these questions are asked in order to decide if my child can safely participate on the athletic team mentioned above. The answers are correct as of this date and he/she has my permission to participate.

SIGNED: _____ DATE: _____

TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE:

Sports Participation (check):

_____ Approved _____ Referred to School Physician

Signed: _____ Date: _____

If referred to school physician (check):

_____ Requalified _____ Disqualified

Signed: _____ Date: _____

*** RETURN THIS FORM TO THE ATHLETIC OFFICE ***

For JV and Varsity sports, this form must be submitted to the Athletic Office by March 4, 2019, the starting date for JV and Varsity sports. Forms submitted after the 4th will result in delayed eligibility.

For participation in Modified sports, this form must be submitted by March 11, 2019, the starting date for modified sports. Forms submitted after the 11th will result in delayed eligibility.